



OBESITY MANAGEMENT SYMPOSIUM FOR THE ENDOCRINOLOGIST

Metabolic Research Laboratories, Level 4, Institute of Metabolic Science (IMS)
Addenbrooke's Hospital, Cambridge

THURSDAY 24TH SEPTEMBER

- 12:00:** Arrival and Registration
- 12:30:** Lunch
- 13:30:** **Welcome and Introductions**
Dr Sadaf Farooqi
Reader in Human Metabolism, University of Cambridge
- 13:45** **Obesity - Physiology and Pathophysiology**
Dr Nick Finan
Consultant Endocrinologist, University College Hospital, London
- 14:30** **Role of the Physician in the Management of Obesity and Associated Disorders**
Dr Simon Aylwin
Consultant Endocrinologist, King's College Hospital, London
- 15:30** Tea
- 16:00** **Obesity Services in the Community and the Primary/Secondary Care Interface**
Dr Paddy English
Consultant in Diabetes and Endocrinology, Derriford Hospital, Plymouth
- 17:00:** **Setting up and Running a Specialist Obesity Service**
Panel discussion involving all Faculty
Chair: Professor John Wilding, Professor of Medicine
University of Liverpool
- 18:00:** **Hot topics in Research**
Dr Adrian Park
Consultant Physician, Addenbrooke's Hospital, Cambridge
- 18:30:** Transfer to accommodation. Dinner at St John's College.





Society for Endocrinology

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FRIDAY 25TH SEPTEMBER

- 08:30:** **History, Clinical Examination and Investigation**
Dr Nick Finer
- 09:30:** **Motivational interviewing and Behavioural approaches**
Dr Andrew Johnson
Consultant in Diabetes and Endocrinology, Southmead Hospital, Bristol
- 10:30:** Coffee
- 11:00:** **Assessment of obese patients**
Dr Andrew Johnson
- 12:00:** **Interpretation of Clinical Trials and Medical Management**
Dr Jonathan Pinkney
Consultant Physician, Royal Cornwall Hospital, Truro
- 13:00:** Lunch
- 14:00:** **What you need to know about Nutrition, Dietary and Exercise based interventions**
TBC
- 15:00:** **Setting up an Inpatient Obesity service and Bariatric Surgery**
Dr Rob Andrews
Senior Lecturer in Diabetes and Endocrinology, University of Bristol
- 1600:** **Open session with Faculty to discuss problems encountered in developing and delivering obesity services**
Chair: Professor John Wilding
- 17:00:** **Concluding remarks and Close of meeting**

*Organised by the conveners of the Society for Endocrinology's Obesity Special Interest Group –
Dr Sadaf Farooqi and Professor John Wilding*

