## Examples of good clinical practice -

### ROYAL SUSSEX COUNTY HOSPITAL AND THE PRINCESS ROYAL HOSPITAL BRIGHTON

Appointment of an MDT teaching coordinator to support undergraduate teaching using endocrinology as a paradigm of multidisciplinary practice.

One stop thyroid nodule clinic incorporating a cytopathologist, surgeon and radiologist.

The metabolic bone disease and osteoporosis multidisciplinary team deliver a highly effective, integrated service which extends beyond medical disease management to embrace falls, syncope and fracture prevention, including links with the community.

Development of an electronic patient record system for patients with endocrine disease.

# **EDINBURGH**

Excellent integration of NHS and Academic Consultants to deliver a unified Endocrine service from 2 sites. Excellent multidisciplinary interaction at both sites with functional & effective multidisciplinary clinics and MDTs including multidisciplinary 'one-stop' thyroid lump clinic, NET MDT and Pituitary MDT. High quality Higher Training in Endocrinology – characterised by maximisation of Diabetes & Endocrine training time with fulfilment of GIM training requirements. Training is enhanced by in house education programme featuring 'morning prayers' comprehensive post-clinic case discussions, the Thursday review with trainees of the weeks' cases and full involvement in the Unit's clinical activities and associated MDTs. The programme must be the envy of the whole of the UK. The Edinburgh Centre for Endocrinology benefits enormously from the integration of the clinical academics and the world leading research that is carried out in QMRI under leadership of Senior Academic Endocrinologists. Care pathways have been developed jointly by Endocrinologists, Clinical Biochemists and Primary Care (eg for PCOS).

## **ROYAL GLAMORGAN HOSPITAL**

Thyroid Cancer clinic in a DGH setting working together within the regional MDT framework.

The Endocrine Team's written policy on which patients to discharge to primary care and when, classified by disease, and the accompanying letters to GP and patient.

## CARDIFF

The Endocrine dynamic test protocols were comprehensive, appropriately referenced and updated within the past 12 months.

Weekly clinical meetings are multidisciplinary and meet the clinical and educational needs of the unit. One of the benefits of the interaction between Clinical Biochemistry and Endocrinology was the development of a protocol for avoidance of frequent repeat thyroid function tests.

## **DUNDEE**

The Peer Reviewers commend the clinical service, in particular the joint pituitary and thyroid nodule clinics, and the highly personalized service for patients with thyroid cancer.