The Society for Endocrinology is the major British society representing scientists, clinicians and nurses who work with hormones. A charity, registered in the UK, the Society has more than 2,200 members, and was set up in 1946 to promote the advancement of endocrinology in the UK and beyond.

TO BE A WORLD-LEADING AUTHORITY ON HORMONES

WITH THIS AMBITION IN MIND WE WORK TO:

- Advance scientific and clinical education and research in endocrinology for the public benefit
- Educate and inform the public on all aspects of endocrinology
- Attract good scientists, doctors and nurses into endocrinology and to retain them in the discipline, in order to improve science and medicine for the public benefit
- Raise the profile and be the voice of endocrinology in the UK
- Promote and support endocrinology worldwide and foster a sense of community, including working in collaboration with other international organisations

This review covers the period from August 2012-July 2013.
REPORT SUMMARY

The year 2012–13 represented the beginning of a new era for the Society in which we built on strong foundations towards our vision of becoming a world-leading authority on hormones. This year, the Society focused on listening to members, clarifying its identity and embedding its values: engage, support, advance.

WHAT WE DID 2012-13

- Improved patient care by developing and publishing a Competency Framework for Adult Endocrine Nursing in addition to a series of Emergency Endocrine Guidance documents.
- Established our members’ current needs and the future direction of the Society by seeking feedback in creative ways.
- Fostered international collaborations with the Endocrine Society of India, International Society of Endocrinology and The Endocrine Society (USA) to organise International Clinical Update 2014.
- Raised the voice of endocrinology by engaging with science policy-makers at Parliamentary Links Day and Voice of the Future.
- Clarified our identity by distinguishing the Society from its commercial arm, Bioscientifica.
- Improved our Career Development Workshops to cater for more of our members’ needs through collaboration between the Young Endocrinologists’ Steering Group and Science Committee.
- Endorsed Endocrinology, Diabetes & Metabolism Case Reports – a new resource to allow practitioners to share their findings to help further both medical education and clinical practice.
- Revamped our Corporate Supporters’ package including free adverts in The Endocrinologist and free subscription to a Society journal.

WHAT WE WILL DO 2013-14

- Further improve our events and education programme based on specific feedback from our members.
- Establish a number of Endocrine Networks to allow our members to raise the profile and give a voice to diverse areas of endocrinology.
- Maximise our engagement with members so they receive the most relevant information and opportunities to participate and are encouraged to feedback through a satisfaction survey as well as informally.
- Continue to lobby and raise the voice of endocrinology in political arenas.
- Publish Guidance on the Late Endocrine Effects of Cancer Treatment.
- Expand our Public Engagement programme to engage the widest possible audience with endocrinology and its relevance to health and everyday life.
- Launch the first annual Journal Awards at the Society BES conference 2014. These will be awarded to recognise research papers of scientific excellence published in the Society’s official journals.

See pages 6 and 7 for a visual representation of our key achievements in 2012-13.
The year 2012–13 represented the beginning of a new era for the Society in which we built on strong foundations towards our vision of becoming a world-leading authority on hormones. This year, the Society focused on listening to members, clarifying its identity and embedding its values: engage, support, advance.

**WORLD-LEADING MEMBERS**

President-elect
Professor Sir Stephen O’Rahilly
Fellow of the Royal Society

Professor Sir Stephen Bloom
Fellow of the Royal Society

**CLARIFYING OUR IDENTITY**

Distinguishing the Society from its commercial arm, Bioscientifica

**A NEW ERA FOR THE SOCIETY**

**INTERNATIONAL MEMBERSHIP GROWTH**

**EXPANDING OUR REACH**

Widening the awareness of the Society outside endocrinology

**GLOBAL PARTNERSHIPS**

Fostering international collaborations and networks

**SUPPORTING OUR MEMBERS**

£535,590

Grants awarded in 2012/13

**ADVOCACY AND LOBBYING**

Raising the voice of endocrinology by engaging with science policy-makers at Parliamentary Links Day

£506,512

Grants awarded in 2011/12

**QUALITY**

Impact factors increased

**PUBLIC ENGAGEMENT**

Edinburgh International Science Festival

Cheltenham Science Festival

Bringing the science of hormones to diverse audiences including teachers, patients and the public

**GAINING RECOGNITION**

Strengthening our work through accreditation by the Royal College of Nursing for our Competency Framework for Adult Endocrine Nursing

**LISTENING TO OUR MEMBERS**

**ENGAGE | SUPPORT | ADVANCE**

**LESSONS LEARNT**

- The need for a clear identity
- Clarification of what we stand for
- A better understanding of our members’ needs
- Our future direction

**NEW VALUES**

- The need for a clear identity
- Clarification of what we stand for
- A better understanding of our members’ needs
- Our future direction

**Society for Endocrinology**

2,215

Members worldwide

Member support
Excellence in science
Clinical advances
Education & training
Grants & prizes
Public engagement
Media relations

**ności**

**THE SOCIETY**

Member support
Excellence in science
Clinical advances
Education & training
Grants & prizes
Public engagement
Media relations

**FIND OUT MORE**

www.endocrinology.org
I am delighted to introduce the Society for Endocrinology annual report, covering activities over the period August 2012 to July 2013.

Our Society is a diverse and active organisation – a scan of the following pages will give a snapshot of our wide range of activities over this last year. It has been my pleasure and privilege to lead the Society over the past three years, a term of office that will come to end this year begin to take shape and look to build on our strong foundations.

This has been a year of implementing change and consolidating the strategy that Council approved back in January 2012, an ambitious programme that builds on our solid foundations as a leading learned society, and will take us on to meet the new challenges facing our specialty.

The excellent work that our members, all volunteers, and our staff in the Bristol office do is demonstrated throughout this review and I encourage you to read on and, I hope, be inspired to join us in our work to advance endocrinology.

Every branch of our membership has been under a period of sustained pressure this year – whether incorporating change to clinical practice or seeking research grants or tenure. What I hope will be clear from the reports included in this review is the constant effort of the Society – members and staff – to support the profession, through grants, education, guidelines, meetings and events and the support we provide to patient groups as we seek to broaden public engagement with endocrinology.

It is also important that we recognise and understand the varied sources of income we have at the Society to provide services to members and to the public and I would encourage you to review the financial report from the Treasurer included at the end of this review. The Society is in very good shape financially; however it is of course extremely important that we maintain the good financial governance and oversight provided by our Finance Committee and Council to sustain this position.

I would like to thank the Officers of the Society, David Ray (General Secretary), Graham Williams (Treasurer) and Chris McCabe (Programme Secretary), our Council of Management, Committees and volunteers who have supported our Society this year, as well as our excellent staff in the Bristol office.

Finally, we are moving forward into a new era of public engagement where we are becoming more proactive in the wider community, moving from increasing public understanding to public engagement: we feel this will not only help improve the health of the wider population, but should help our membership to improve their impact in the world community. This will clearly develop under Steve O’Rahilly’s presidency.

This has been a challenging and exciting year for the Society office, as we see some of the strategic initiatives introduced throughout the year begin to take shape and look to build on our strong foundations.

Our principal role is to support Council in delivering strategy whilst at the same time ensuring that members receive an excellent service. This has involved managing change within the office and looking to introduce new systems and processes to ensure that the Society remains fit to deliver its plans.

It also involves talking to members at every opportunity and I have been encouraged by the range of comment and feedback that I have received from members during the year. The Society exists through its members and it is their input that allows the Society to grow in strength and reach.

Ashley has referred already to the Society’s financial position. Although the economic forecast is improving, I remain acutely aware of the need to carefully manage the Society’s resources to ensure we continue to deliver the levels of support that have been achieved in recent years.
we engage our members to build strong links within our sector and the wider scientific community, patient groups, policy-makers and the public
The Society exists through over 2,200 scientist, clinician and nurse members who work to improve patient care and advance the understanding of endocrinology and its repercussions. Through these shared goals, we move the Society towards its ultimate ambition of becoming a world-leading authority on hormones.

**SUPPORTING EACH OTHER AT EVERY STAGE**

It is essential that our members feel supported at every stage of their career; from being encouraged to specialise in the discipline through our Undergraduate Essay Prize, to specialist training courses for those established in the field, such as our Endocrine Nurse Update and Clinical Update training programmes. When members feel their training needs are not quite being met, we make every effort to address this. This year, our Young Endocrinologists’ Steering Group worked closely with the Science Committee to expand the Career Development Workshops to a dual-track programme. The Career Development Workshops are informal forums for early career researchers to discuss and present their work and learn from more senior colleagues. The new format caters for both PhD and postdoctoral researchers including those who are more experienced and aiming to apply for fellowships or grant funding.

This year, our Young Endocrinologists’ Steering Group has strengthened links with the Young Diabetologists and Endocrinologists’ Forum with the aim of jointly organising education events for clinical specialists in endocrinology and diabetes.

**MEMBERS ARE THE HEART OF THE SOCIETY**

**ENGAGE**

**HARNESSING OUR EXPERT BASE TO ADVANCE ENDOCRINOLOGY**

Advancing endocrinology in a clinical setting relies on broad, rigorous studies of patient cases and treatment practices. The unique strength of the Society’s UK-wide research and audit projects lies in its network of contributing members based in regional centres, as well as support from external organisations. This year we have made huge progress in five projects.

- **The post-radioiodine management of patients with Graves’ disease (PRAGMA) project** is now fully operational and has approximately 150 patients on the database. The aim of the study is to inform future treatment of patients with Graves’ disease.
- **The Apoplexy Audit project** is an audit of practice and outcome, with the aim of understanding how clinical practice currently fits with recommendations set out in the Society for Endocrinology UK guidance for the management of pituitary apoplexy.
- **Next year our project to assess transitional care in endocrinology across the UK is set to go live.**

The Society also administers a voluntary interdepartmental peer review scheme for UK endocrine units, providing an external assessment of clinical governance, standards of endocrine care and service provision.

**Our long running project on congenital adrenal hyperplasia (CaHASE project) continues to have an international impact. A fourth scientific paper was published and project findings presented at the Society BES conference 2013, ECE 2013 and at ENDO 2013 in the US.**

We highlighted progress of the CaHASE project to the press which received news coverage in several specialist medical publications including Medpage Today and Healio Endocrine Today.

“The peer review was a fantastic chance to reflect on practice and highlight to the Trust the potential threats to the service and the importance of the department. It affirmed the excellent teamwork in the department and a real pride in our achievements. The reviewers encouraged us to develop new services, all of which are being pursued, and has provided a great sense of purpose.”

**ENDOCRINE UNIT, EXETER**

**ENDOCRINE NURSE UPDATE**

The post-radioiodine management of patients with Graves’ disease (PRAGMA) project is now fully operational and has approximately 150 patients on the database. The aim of the study is to inform future treatment of patients with Graves’ disease.

The Apoplexy Audit project is an audit of practice and outcome, with the aim of understanding how clinical practice currently fits with recommendations set out in the Society for Endocrinology UK guidance for the management of pituitary apoplexy.

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The Society works with Ipsen and the Clinical Endocrinology Trust to continue the long-running UK Acromegaly Register project. By July 2013 over 3,000 patients were on the Register. This year we have strengthened our collaborations with research staff and encouraged centres to undergo database training and to allow continuous updating. Next year a regular report will be produced to provide project updates to those involved.

“The peer review was a fantastic chance to reflect on practice and highlight to the Trust the potential threats to the service and the importance of the department. It affirmed the excellent teamwork in the department and a real pride in our achievements. The reviewers encouraged us to develop new services, all of which are being pursued, and has provided a great sense of purpose.”

**ENDOCRINE UNIT, EXETER**
BRINGING OUR COMMUNITY TOGETHER

Sharing information and experiences, and making contacts within our global community of endocrinologists is one of the things our members say they gain most from the Society. Our events and training programme aims to provide not only career-enhancing material, but to give opportunities for members to come together, build contacts and foster new and existing collaborations.

SOCIETY EVENTS 2012-13

- Society for Endocrinology BES conference (Harrogate)
- Endocrine Nurse Update (Stratford-upon-Avon)
- Career Development Workshops (Stevenson)
- Clinical Update (Stratford-upon-Avon)
- National Clinical Cases (London)
- Regional Clinical Cases (Leeds and Newport)

Full details of Society events are available on our website at www.endocrinology.org/meetings/

OUR EVENTS ATTRACTED A COMBINED TOTAL OF 1,433 DELEGATES

Our flagship event is the annual Society for Endocrinology BES conference. This year we worked hard to extend and maximise the networking and collaboration opportunities available.

- More sessions had a focus on translational research, strengthening links between basic scientists and clinicians
- The Society presence was stronger this year, providing focal points for members to exchange ideas, feedback to Society office staff and discuss future direction
- A skills workshop was introduced: ‘How to get published’ gave members chance to talk to Editors from the Society’s official journals
- Our programme was extended, providing further discussion opportunities, thanks to additional satellite sessions sponsored by our Corporate Supporters

CHAMPIONING DIVERSITY

Our membership spans all areas of endocrinology including many niche topics. During 2012-13, the Society’s Special Interest Groups (SIGs) gave given many members the opportunity to join forces to raise the profile and give a voice to their specialist areas of interest.

SIGs promoted and shared best practice with colleagues within their own respective field of expertise and were involved in writing guidelines, patient information sheets and collaborating with other key stakeholders.

In 2013-14 SIGs will be relaunched as Endocrine Networks and will be actively encouraged to apply for the Society’s Sponsored Seminar grants.

“Endocrine Networks will provide forums to allow our members to share ideas and best practice and will promote interdisciplinary interests within the Society”

LEON HEWARD-MILLS, CHIEF EXECUTIVE, SOCIETY FOR ENDOCRINOLOGY

KEEPING EACH OTHER INFORMED

In between our regular events, it’s important our members can communicate with each other. One of our primary channels for keeping in touch is through our quarterly magazine The Endocrinologist. This year, the Editorial Board has developed the publication to give our members more of what they asked for, including:

- New user-friendly design and layout, lengthened to 32 pages
- Expanded Hot Topics section, including reports on articles from around the endocrine world
- Opinion sections, including comment and thought from our Chief Executive and Science and Clinical Committees and prominent members on the contentious issues in endocrinology today
- Active commissioning programme to encourage contributions from high profile members as well as to highlight the achievements of early career members
- Regular feature length interview with eminent endocrinologists

We also encourage our members to keep in touch through the members’ area of our website, including digital forums for Committees and Endocrine Networks, and through social media...
Our aim is for everybody to have a better understanding of hormones and to make informed decisions about their health as a result. To achieve this aim we increasingly engage with the public, patients, teachers and policy-makers to broaden recognition of endocrinology, discuss the latest advances, and emphasise the relevance of endocrinology to our everyday lives.

This year our members were quoted in publications including The Telegraph, Daily Mail and The Times. We also worked closely with the Science Media Centre to provide editorial advice on endocrinology stories before they hit the headlines.

Journalists and other members of public continue to use our public information website You and Your Hormones (www.yourhormones.info) for accurate facts about endocrinology and endocrine conditions. This year, the website received almost 870,000 visits, compared to almost 130,000 visits over the same period last year.

We will continue to work closely with the media next year as we expand our programme of public engagement activities.

“It’s great to have this level of detail - we are definitely on the right track with our scene explaining what hormones are”

COLLEEN SHANNON, FREELANCE HEALTH JOURNALIST

**REACHING WIDER AUDIENCES**

**MEDIA: A YEAR IN NUMBERS**

**45**

RESPONSES TO MEDIA ENQUIRIES

**100**

PRESS ARTICLES ON RESEARCH PRESENTED AT THE SOCIETY BES CONFERENCE

**23 COUNTRIES**

PRESS COVERAGE IN

**INCREASING ENGAGEMENT THROUGH DEBATE AND DISCUSSION**

Broadening recognition and appreciation of the value of endocrinology is about much more than just providing the facts - it’s about putting science in the public arena to be discussed and debated.

This year our members worked creatively to deliver inspiring events for three major UK science festivals: Cheltenham Science Festival, Brighton Science Festival and Edinburgh International Science Festival. Collectively, we managed to reach a total audience of almost 700 people, discussing issues from obesity to menopausal HRT, as well as hosting Hormone Fight Club at which we asked the audience to make up their mind about which was the most important hormone based on pitches from our championing speakers.

“It was useful to put all the information together, particularly in a way relevant to the more general population as opposed to ladies with other significant endocrine and medical issues. It was also helpful to get feedback from a ‘lay’ audience and to better understand their concerns and issues.”

HELEN BUCKER, SPEAKER AT THE SOCIETY’S HRT EVENT AT CHELTENHAM SCIENCE FESTIVAL

**CASE STUDY**

**VOICE OF THE FUTURE**

This year the Society took part in Voice of the Future, organised by the Society of Biology to debate the future of science in the House of Commons. Four of the Society’s Young Endocrinologist members attended including Muhammad Khan, a 4th year medical student at the University of Liverpool.

“It’s part of National Science and Engineering Week 2013, the ‘Voice of the Future’ event provided a platform for young scientists, at various stages of their careers, to press renowned figures on matters concerning the scientific community at large. Within the walls of Portcullis House, London, these young scientists who, in years to come, will be at the forefront of their own respective fields, questioned the Government Chief Scientific Adviser, Sir John Beddington, the Minister for Universities and Science, Rt Hon David Willetts MP, and Shadow Minister for Higher Education and Science, Shabana Mahmood MP on topical issues. Ranging from women in science to stem cells, no stone was left unturned when it came to testing the speakers on matters central to scientific disciplines. As the session drew to its end, it was clear the event would have a lasting effect. It had been an opportunity to gain an appreciation of how Parliament and Government determine various scientific policies, and to realise that such decisions are no easy task. It is not simply a matter of blindly pursuing the ‘hottest’ new trends in science but of ensuring that the policies implemented are acceptable to the community at large, by scientists and non-scientists alike.”

**WORKING TOGETHER**

**WORKING TOGETHER**

ANNUAL REPORT 2012-13

“The press office arranged an interview with a leading expert, and helped me meet a tight deadline. Their work is vital in providing accurate, independent health information to the public.”

COLLEEN SHANNON, FREELANCE HEALTH JOURNALIST

“Part of National Science and Engineering Week 2013, the ‘Voice of the Future’ event provided a platform for young scientists, at various stages of their careers, to press renowned figures on matters concerning the scientific community at large. Within the walls of Portcullis House, London, these young scientists who, in years to come, will be at the forefront of their own respective fields, questioned the Government Chief Scientific Adviser, Sir John Beddington, the Minister for Universities and Science, Rt Hon David Willetts MP, and Shadow Minister for Higher Education and Science, Shabana Mahmood MP on topical issues. Ranging from women in science to stem cells, no stone was left unturned when it came to testing the speakers on matters central to scientific disciplines. As the session drew to its end, it was clear the event would have a lasting effect. It had been an opportunity to gain an appreciation of how Parliament and Government determine various scientific policies, and to realise that such decisions are no easy task. It is not simply a matter of blindly pursuing the ‘hottest’ new trends in science but of ensuring that the policies implemented are acceptable to the community at large, by scientists and non-scientists alike.”

WE ALSO WORKED WITH THE SOCIETY OF BIOLOGY TO TAKE PART IN PARLIAMENTARY LINKS DAY. THIS EVENT IS ORGANISED ON BEHALF OF THE SCIENCE AND ENGINEERING COMMUNITY TO STRENGTHEN DIALOGUE WITH PARLIAMENT. THIS GAVE US THE OPPORTUNITY TO HIGHLIGHT THE CENTRAL ROLE OF ENDOCRINOLOGY IN MANY HEALTH ISSUES AND THE WORK OF ENDOCRINOLOGISTS THAT WILL HELP TACKLE THESE.
WE SUPPORT OUR MEMBERS AT EVERY STAGE OF THEIR CAREER THROUGH GRANTS, TRAINING, LEARNING RESOURCES AND NETWORKING OPPORTUNITIES
Enabling healthcare professionals to provide the best possible patient care is a priority for the Society. Our members are world-leading scientists, clinicians and nurses at the forefront of research and practice. Working together, they develop Society guidance to advise on diagnosis and management of patients with endocrine disorders.

**KEY ACHIEVEMENTS IN 2012-13 INCLUDED:**

- Emergency Endocrine Guidance documents were published to provide guidance during initial assessment and management of acute hyper- and hypocalsemia and pituitary apoplexy.

- A Competency Framework for Adult Endocrine Nursing was developed, launched and accredited by the Royal College of Nursing.

- Draft Guidance on the Late Endocrine Effects of Cancer Treatment has been developed and will be launched 2013-14.

- We built on the success of our Clinical Update and Endocrine Nurse Update.

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**SHARING OUR EXPERIENCES TO IMPROVE PATIENT CARE**

The Society is pleased to be able to promote the work of the following patient support groups:

- Addison’s Disease Self Help Group
- ALD Life
- Androgen Insensitivity Syndrome Support Group
- Anorchidism Support Group
- Association for Multiple Endocrine Neoplasia Disorders
- British Thyroid Foundation
- Butterfly Thyroid Cancer Trust
- Child Growth Foundation
- Congenital Adrenal hyperplasia Support Group
- dsdfamilies
- FIPA Patients
- The Gender Trust
- Hypoparathyroidism UK
- Kallmann Syndrome Organisation
- Klinefelter’s Syndrome Association UK
- National Association for Premenstrual Syndrome
- NET Patient Foundation
- Paget’s Association
- The Pituitary Foundation
- Prader-Will Syndrome Association UK
- Sexual Advice Association
- Thyroid Eye Disease Charitable Trust
- Turner Syndrome Support Society
- Verity

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**STRENGTHENING PATIENT SUPPORT**

As well as educating scientists and clinicians, we take an active interest in the welfare of patients with endocrine conditions and ensure that those who support them have access to good training and information. To achieve this, the Society makes grants available to fund specific patient group activities in addition to telephone helpline training for their staff.

One of the Society’s long-term objectives is to facilitate communication between the medical community and endocrine patient support groups. We do this by putting patient groups in touch with scientists, clinicians and nurses who work with the patients they represent. During 2013-14, the Society will provide grants to allow groups to exhibit at Society events to promote their work and network with delegates and each other.

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**CASE STUDY**

“The ADSHG’s trustees are grateful to the Society for Endocrinology, for its role in coordinating contacts across all the patient support groups affiliated to the Society, and for its support in our awareness-raising work. Staff at the Society have been quietly supportive in featuring our work in various publications, and in facilitating our participation at Society events. Over recent years, the Society has increasingly opened its doors to us, and in 2013 the Addison’s group was the beneficiary of display space at four events: Clinical Cases, the Society BES conference Endocrine Nurse Update and Clinical Update. At the Society BES conference, the ADSHG also participated in several productive ‘fringe’ events, including the annual support group meeting convened by the Society, and a lunchtime discussion with the Clinical Committee about emergency medical response for adrenal crisis. The Society’s magazine, The Endocrinologist, regularly manages to squeeze in a mention for us too!”

KATHERINE WHITE, ADSHG CHAIR AND CLINICAL ADVISORY PANEL COORDINATOR
This year we also redesigned three of our journals, Journal of Endocrinology, Journal of Molecular Endocrinology and Endocrine-Related Cancer. They feature a complementary cover design, identifying them as a family of Society journals. We also launched a cover art competition to feature some of the fascinating images from our readers.

“The peer-review process and quality of feedback for our article were excellent, and the template is superb. The website works well, and I fully intend to submit future interesting case reports to EDM Case Reports.”

EDM CASE REPORTS AUTHOR

“As a Young Endocrinologist, I am keen to make my training successful, in order to achieve my career aspirations, and one area I am particularly focused on is the application for funding. Over the past three years I have been awarded a number of grants from the Society, including Summer Studentships, Conference and Early Career grants, which have been an integral part of my training, allowing me to develop my grant writing, teaching and supervision skills. In addition, the Society has funded travel grants enabling me to attend conferences such as the Society BES conference and ENDO, giving me the opportunity to enhance my presentation and networking abilities. Furthermore, attending the Career Development Workshops in combination with my Early Career grant has been a huge support, giving me the knowledge and freedom to develop and run my own project, which will be used as pilot data for future fellowship applications.”

SUSAN JALICY (DUNDEE), PRACTICAL SKILLS GRANT RECIPIENT

Full details of Society grants are available online at www.endocrinology.org/grants

Details of Society journals can be found online at www.endocrinology.org/journals
RECOGNISING AND REWARDING EXCELLENCE

Many of our members are world-leading endocrinologists in their field. Others are at earlier stages of their career, but are making huge contributions to endocrinology and are an inspiration to others. We recognise and reward excellence in endocrinology with Society Medals, Prizes and Awards. Next year we will add annual Journal Awards to our portfolio.

2013 MEDALLISTS

DALE MEDAL
Ronald Evans  ‘Nuclear receptors and AMPK: can exercise mimetics cure diabetes?’
Dr Ronald M. Evans, a professor at the Salk Institute’s Gene Expression Laboratory, is a prominent endocrinologist who discovered the receptors that respond to various nuclear hormones. These hormones control sugar, salt, calcium and fat metabolism; thus, they are primary targets in the treatment of breast cancer, prostate cancer and leukemia, as well as osteoporosis and asthma. Dr Evans’ work has been recognised by multiple awards including the Albert Lasker Award for Basic Medical Research in 2004.

TRANSATLANTIC MEDAL
Michael Meaney  ‘Environmental regulation of neuroendocrine systems through epigenetic mechanisms’
Dr Michael Meaney was one of the first researchers to identify the importance of maternal care in modifying the expression of genes that regulate behavioural and neuroendocrine responses to stress. Based at the Douglas Institute in Montreal, Canada, Dr Meaney has authored over 180 publications and presented at research institutes and scientific meetings worldwide.

SOCIETY FOR ENDOCRINOLOGY MEDAL
Márta Korbonits  ‘Genes and giants’
Professor Márta Korbonits is a clinical academic endocrinologist with a special interest in pituitary tumours as well as metabolic effects of hormones. Based at St Bartholomew’s Hospital since 1991, she has published more than 150 studies as well as having written and edited numerous books in the field of endocrinology. She shares her time between clinical patient care, clinical research and laboratory-based research as well as teaching at undergraduates and postgraduate level.

HOFFENBERG INTERNATIONAL MEDAL
Fernand Labrie  ‘Multiple applications of intracrinology in clinical medicine’
Dr Fernand Labrie has made major contributions to clinical endocrinology, including developing the standard hormonal therapy of prostate cancer worldwide. During his postdoctoral studies in Cambridge, Dr Labrie isolated the first mammalian messenger RNA molecule, after which he returned to Canada and founded the Laboratory of Molecular Endocrinology, one of the largest endocrine research groups in the world. With his work described in more than 1,275 publications, Dr Labrie is Canada’s most cited scientist.

EUROPEAN MEDAL
Anna Spada  ‘cAMP in the pituitary: an old messenger for multiple signals’
Professor Anna Spada, based at the University of Milan’s School of Medicine, is an international authority on hormones. Her research interests include pituitary tumour pathogenesis, molecular mechanisms of resistance to hormone action and pharmacogenomics. Professor Spada has a global reach; she has published 133 studies in peer-reviewed journals, and chaired 98 national and 42 international meetings.

YOUNG ENDOCRINOLOGISTS’ PRIZE LECTURES

The Society awards two Prize Lectures to Young Endocrinologists, one basic science and one clinical. Both receive an honorarium of £2,500. The 2012-13 prize winners reflect on what the prize meant to them.

LECTURE:
‘Clinical and pre-clinical studies of neuroendocrine tumours (NETs) in multiple endocrine neoplasia type 1 (MEN1) and evaluation of MEN1 gene replacement therapy for MEN1-associated NETs’
I am delighted to have been given the honour of presenting the Young Endocrinologist Clinical Prize Lecture in 2013. As a trainee surgeon, the Society’s generous award has encouraged me to continue as a clinical lecturer in General Surgery, and to pursue my interests in endocrine tumourigenesis and novel therapies for NETs. This prestigious award will strengthen my applications for future funding in order to establish an independent career in our increasingly competitive environment. I feel privileged to have the support of a society that places such a high value on nurturing the next generation who may continue the advancement of patient care.”

CLINICAL PRIZE WINNER:
Gerard Walls, University of Oxford

LECTURE:
‘Pituitary development and disease’. The answer is blowing in the Wnt”
“It was a great honour to be given the Young Endocrinologist Basic Science Prize Lecture at the Society BES conference 2013 in Harrogate. This prize by the Society represents an important recognition of my research by a prestigious internationally renowned society. This prize comes at the perfect time in my career when I am establishing myself as an independent scientist at the Centre for Endocrinology at the William Harvey Research Institute. Presenting my data as a plenary lecture meant exposure to a large scientific audience which provided me with valuable scientific feedback and career advice from high calibre scientists.”

BASIC SCIENCE PRIZE WINNER:
Carles Gaston-Massuet, University of London

UNDERGRADUATE ESSAY PRIZE:
Lucy Simmonds, University of Nottingham

JOURNAL OF ENDOCRINOLOGY/JOURNAL OF MOLECULAR ENDOCRINOLOGY PRIZE:
Vicki Smith, University of Birmingham

UNDERGRADUATE ACHIEVEMENT AWARDS:
Ruth Andrew, University of Edinburgh, Queen’s Medical Research Institute
Rachel Crowley, University of Birmingham, Centre for Endocrinology, Diabetes and Metabolism
Marlyn Druce, Barts Health NHS Trust/Barts and the London School of Medicine, Department of Endocrinology
Rob Fowkes, Royal Veterinary College, Comparative Biomedical Sciences
Frank Joseph, Countess of Chester Hospital, Department of Diabetes and Endocrinology
Catriona Kelly, Keele University, Medical School
Peter King, Barts and the London School of Medicine and Dentistry, Department of Endocrinology
Kevin Murphy, Imperial College London, Section of Investigative Medicine, Division of Diabetes, Endocrinology and Metabolism
Nigel Page, Kingston University London, School of Life Sciences
Deborah Wake, University of Dundee, Department of Diabetes and Cardiovascular Medicine
Timothy Wells, Cardiff University, School of Biosciences

*Awarded to departments for outstanding undergraduates.
WE ADVANCE SCIENTIFIC AND CLINICAL ENDOCRINE EDUCATION AND RESEARCH TO IMPROVE HEALTH AND KNOWLEDGE
The Society for Endocrinology is a charity, funded by a variety of income streams. The largest of these is from our commercial subsidiary, Bioscientifica. The Society and Bioscientifica have a shared purpose to ‘improve knowledge, health and life’. Bioscientifica exists to support the advancement of medicine and the biological sciences. By Gift Aiding all its profits back into the Society for Endocrinology, Bioscientifica enables greater collaboration between organisations and supports the drive for better public health.

During 2012-13, Bioscientifica Gift Aided £915K of its profits back to the Society. Since 1996 Bioscientifica has Gift Aided £6.345 million to the Society.

DURING 2012-13 BIOSCIENTIFICA HAS:

- Won a new client, the European Calcified Tissue Society
- Won the Best Association Conference award at the Conference Awards 2013
- Launched two brand new publications: Endocrinology, Diabetes & Metabolism Case Reports and Bone Abstracts

BIOSCIENTIFICA HAS TWO DIVISIONS

PUBLISHING: innovative and agile, Bioscientifica Publishing collaborates with learned societies worldwide to develop new and existing quality products that meet the ever-changing needs of the biomedical community.

CLIENT SERVICES: providing a range of high-quality business support and management services tailored to the exact requirements of its clients. The award-winning range of services includes association management, membership development, event management, publishing, marketing and communications, website management and strategic planning.

“We have enjoyed working with the Society for Endocrinology for several years now and they are our ‘go-to’ organisation for finding experts to respond to misconceptions and scare stories about endocrine disrupters in the news.”

VICTORIA MURPHY, SENSE ABOUT SCIENCE

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WORKING TOGETHER TO ADVANCE ENDOCRINOLOGY
The Society is run largely by members – scientists, clinicians and nurses who volunteer their time and expertise to carry out and continually develop Society activities. They ensure we move towards our ambition of becoming a world-leading authority on hormones with our members’ best interests at heart.

WE THANK:

100 Committee members, 110 Editorial Board members and many who develop event and training programmes, act as speakers and chairs, review grant applications and journal articles, act as media spokespeople, help run public events and represent the Society in other capacities. Some of these people are shown on this page.

We are immensely grateful to all these volunteers through whom the Society exists.

JOIN US!
We are regularly looking for new members to contribute towards Society activities. As well as helping the Society move forwards, our members also benefit individually from the experience.

- GAIN RECOGNITION FOR YOUR WORK
- RAISE YOUR PROFILE
- ADVANCE YOUR CAREER DEVELOPMENT

If you would like to get involved in any aspect of the Society’s activities, please get in touch through our website www.endocrinology.org
MESSAGE FROM THE TREASURER

The Society continues to pursue its financial strategy to reduce surplus reserves by setting deficit budgets, while remaining aware of prevailing economic conditions. The strategy incorporates substantial grant support for member, patient group and public activities; subsidising conferences and educational events and investing in the strategic development of the Society for the future. The refurbishment of the Bristol offices has enhanced the facilities and enables the reduction of ongoing premises costs. Whilst the commitment to these activities remains high, any impact on the Society’s finances has been diluted by strong performance from the investment portfolio and a healthy gift aid contribution from Bioscientifica. As a result the finances of the Society remain strong, despite the continuing uncertainties in the economy.

FINANCIAL HEADLINES

- Gift Aid from the trading subsidiary, Bioscientifica, is significant in supporting current and future member and public activities. Journal publishing remains a significant element of Bioscientifica’s activities and the continuing threat to this rapidly changing environment highlights the need to secure future funding. Council recognises the importance of the Gift Aid contribution and the need to invest in the continued development of Bioscientifica’s business to underpin the continuing growth and development of Society activities.
- Grants awarded by the Society during the year incorporated £119K of Early Career grants deferred from last year and represent 74% of the Gift Aid from Bioscientifica.
- Movements in the value of the investment portfolio can lead to gains or losses for the Society. During the year significant gains were recorded, but the nature of investments means these gains may be transient.

INVESTMENT POLICY

In accordance with the Company’s Articles of Association, management of the Company’s investments is delegated to an authorised investment manager. During the year, a review of the investment managers led to the portfolio being transferred to Brewin Dolphin Limited. On appointment, Brewin Dolphin supported the Trustees through a detailed review of the investment policy to ensure clarity of the aims and risk profile of the Society.

RESERVES POLICY

The Society maintains a reserve intended to provide support in case of economic downturn in order to maintain the Society as a going concern for a minimum of two years. This is particularly important with regard to the dependency on publications as a source of income through Bioscientifica. The rationale underpinning the reserves policy was reviewed at the conclusion of the financial year and the level of the reserve requirement remains at £3.02M. A full review of the reserves policy is currently in hand to ensure it remains appropriate in the light of developing activities.

READILY USABLE RESERVES

The blue line in the graph below shows the level of the reserves requirement, as set by the Trustees. The Trustees should make plans to utilise funds in excess of this level. The actual level of usable reserves is shown as the pink line. The gap between the two represents the surplus reserves and stood at £1.07M at 31 July 2012. However, the investment gains of £651K during the year resulted in an increase of surplus reserves to £1.47M at the year end. The shaded area represents the total reserves under the control of the Trustees, after adding back the funds designated for strategic development activities. The Trustees continue to monitor activities with a view to investing further in the development of the Society.

At July 2013, the required level of usable reserves was set at £3.02M and the actual level of readily usable reserves was £4.50M.

A full copy of the Trustees’ report and accounts is available on the website at www.endocrinology.org/about/annual.html