

**IMPORTANT MEDICAL INFORMATION FOR  
HEALTHCARE STAFF**



**THIS PATIENT IS PHYSICALLY **DEPENDENT** ON  
DAILY STEROID THERAPY as a critical  
medicine**

Name

Date of Birth

NHS Number

Why steroid prescribed

Emergency Contact

*This card to be filled in by a health professional and kept by the patient*

Steroids must be given as prescribed and **never omitted**

In case of serious illness/unable to take oral medications

Hydrocortisone 100mg iv/im and iv saline infusion **must be given without delay to avoid life threatening adrenal crisis.**

If calling **999/111** describe symptoms (vomiting, diarrhoea etc)  
**AND** emphasise this is a likely Addison's/adrenal emergency/  
crisis



Scan image on left for further information  
or search

[www.endocrinology.org/adrenal-crisis](http://www.endocrinology.org/adrenal-crisis)