

Clinical UPDATE Programme 2025-2027

The Clinical Update training programme, over a period of three years, covers the endocrinology section of the specialty training curriculum for endocrinology and diabetes issued by the Joint Royal Colleges of Physicians Training Board - www.jrcptb.org.uk/specialties/endocrinology-and-diabetes-mellitus

The provisional programme for the current cycle running from 2025 to 2027 is as follows:

	Year 1 Topics 2025	Year 2 Topics 2026	Year 3 Topics 2027
Disorders of the hypothalamus and pituitary	Investigation of pituitary function Perioperative management of pituitary tumours (including AVP deficiency) L: 'Pituitary imaging'	Non functioning pituitary tumours, other sellar masses and stalk lesion Hypophysitis	Functioning pituitary tumours (including Cushing's disease and acromegaly) Prolactinomas
Disorders of growth and puberty	Normal and abnormal growth in adolescents: diagnosis and management Delayed and arrested puberty: causes, consequences and clinical management	Late effects of childhood cancer therapy Transitional management of growth hormone deficiency	L: 'Disorders of sex development (DSD)'
Disorders of the thyroid gland	Thyroid function tests Subclinical thyroid disease L: 'Thyroid eye disease: an ophthalmologist's perspective'	Thyrotoxicosis Thyroid disease in Pregnancy L: 'Drug-induced thyroid disease'	Goitre and thyroid nodules Thyroid cancer L: 'The modern management of advanced thyroid cancers'
Disorders of the adrenal gland	Adrenal insufficiency Congenital adrenal hyperplasia L: 'Cortisol: physiology and replacement strategies'	Adrenocortical tumours/cancer Cushing's syndrome L: 'Surgical approach to the adrenal gland'	Phaeochromocytoma Mineralocorticoid hypertension
Disorders of the gonads	Challenges diagnosing male hypogonadism Identifying and classifying female hypogonadism L: 'Menopause and HRT'	The infertile couple: anovulation/azoospermia L: 'Advise and guidance for adult transgender patients'	Gynaecomastia and sex steroid replacement in males Sex steroid replacement in females L: 'Lifelong management of Turner syndrome'
Disorders of the parathyroid glands, calcium metabolism and bone	Osteoporosis, Paget's disease and other metabolic bone disease	Hypercalcaemia Primary hyperparathyroidism L: 'Other metabolic bone disease'	Hypocalcaemia including vitamin D deficiency
Disorders of appetite and weight	Assessment and management of patients living with obesity	Polycystic ovary syndrome and metabolic syndrome Disorders of insulin sensitivity	How to help your patients lose weight
Miscellaneous endocrine and metabolic disorders	Inherited endocrine cancer syndromes	Endocrinology of the systemically unwell patient (including acute, severe and multisystem disease)	Functioning and non-functioning Neuroendocrine tumours L: 'Nuclear imaging and therapy'

Additional Lectures

Key: L = Lecture