

# Clinical **UPDATE** Programme 2022-2024

The Clinical Update training programme, over a period of three years, covers the endocrinology section of the specialty training curriculum for endocrinology and diabetes issued by the Joint Royal Colleges of Physicians Training Board - [www.jrcptb.org.uk/specialties/endocrinology-and-diabetes-mellitus](http://www.jrcptb.org.uk/specialties/endocrinology-and-diabetes-mellitus)

The provisional programme for the current cycle running from 2022 to 2024 is as follows:

	Year 1 Topics 2022	Year 2 Topics 2023	Year 3 Topics 2024
<b>Disorders of the hypothalamus and pituitary</b>	Pituitary function tests  Non-functioning pituitary tumours and other sellar masses	Management of prolactinoma  Peri/postoperative management including hydrocortisone replacement therapy  L: 'Genetics of pituitary tumours'	Arginine Vasopressin Deficiency (cranial diabetes insipidus) Management of acromegaly
<b>Disorders of growth and development</b>	Normal growth and the diagnosis & management of adolescent problems  Causes, implications and management of delayed/arrested puberty in adolescents  L: 'Why should paediatric and adult endocrinologists talk to each other?'	Late effects of childhood cancer therapy  Transitional management of growth hormone deficiency	L: 'Disorders of sex development (DSD)'
<b>Disorders of the thyroid gland</b>	Thyroid function tests Subclinical thyroid disease  L: 'Thyroid disease in fertility and the management of pregnancy'	Thyrotoxicosis Thyroid disease in Pregnancy  L: 'Drug-induced thyroid disease'	Goitre and thyroid nodules Thyroid cancer
<b>Disorders of the adrenal gland</b>	Adrenal insufficiency Congenital adrenal hyperplasia  L: 'Cortisol: physiology and replacement strategies'	Adrenocortical tumours/cancer Cushing's syndrome  L: 'Surgical approach to the adrenal gland'	Phaeochromocytoma Mineralocorticoid hypertension
<b>Disorders of the gonads</b>	Female hypogonadism  Male hypogonadism	The infertile couple: anovulation/azoospermia  L: 'Management of the transgender patient'	Gynaecomastia and sex steroid replacement in males  Sex steroid replacement in females  L: 'Lifelong management of Turner syndrome'
<b>Disorders of the parathyroid glands, calcium metabolism and bone</b>	Osteoporosis  Paget's disease	Hypercalcaemia  Primary hyperparathyroidism  L: 'Other metabolic bone disease'	Hypocalcaemia including vitamin D deficiency
<b>Disorders of appetite and weight</b>	Assessment and management of obesity  L: 'Targeting the obesity'	Polycystic ovary syndrome and metabolic syndrome  Disorders of insulin sensitivity	How to help your patients lose weight
<b>Miscellaneous endocrine and metabolic disorders</b>	Hyponatraemia	The endocrine system in systemic disorders & critical illness	Hypoglycaemia Neuroendocrine tumours
<b>Additional Lectures</b>	L: 'Pituitary imaging'  L: 'Opportunities for clinical academic training'  L: 'Lessons from Translational Research in Obesity and Metabolic Disease'	L: 'Endocrinology and critical illness'	L: 'Nuclear imaging and therapy'

Key: L = Lecture