

OUR MYTH-BUSTING PODCAST

revealing the truth about hormones and your health is back!

HORMONES

THE INSIDE STORY

“ Educational and entertaining. Interesting and relevant content brilliantly presented, with a great balance of expert input. Informative, interesting, accessible.

“ Perfectly paced. ‘Hormones’ isn’t a subject that would normally detain me for too long, but this series kept me entertained and informed throughout.

“ Loved the upbeat style of this show. Great to listen to. It’s so nice to have some real science of hormones being discussed as a counterpoint to all the unscientific hormone chat out there.

Champion endocrinology and share the podcast with your family, friends and colleagues!

“ Interesting and really useful information. So worth listening to!

“ Love this podcast! The host has a really clever way of breaking down the information from the experts to make it fun and easy to understand!

**All reviews 5 star from Apple Podcasts*

 Follow **#InsideHormones** on Twitter for updates and more conversation!

Don't miss a moment - subscribe now!

Simply search for **‘Hormones: The Inside Story’** on Apple Podcasts, Spotify or wherever you like to listen!